# Dungeons and Dragons / Selkie



Name: Selkie

Medium humanoid (shapechanger), chaotic neutral
Armor Class 13 (natural armor)
Hit Points 65 (10d8 + 20)
Speed 30 ft., swim 40 ft.

STR 16 (+3), DEX 16 (+3), CON 14 (+2), INT 10 (+0), WIS 12 (+1), CHA 10 (+0)
Skills: Athletics +5, Perception +3, Stealth +5
Senses: passive Perception 13
Languages: understands Aquan but cannot speak it

Shapechanger: The Selkie can use its action to polymorph into a seal or back into its true form. Its statistics are the same in each form. Any equipment it is wearing or carrying isn't transformed.

Actions

Multiattack: In seal form, the Selkie can use its bite or tail attack. In human form, it can make two melee attacks with its claws.

Bite (Seal Form Only): Melee Weapon Attack: +5 to hit, reach 5 ft., one target. Hit: 6 (1d6 + 3) piercing damage.

Tail (Seal Form Only): Melee Weapon Attack: +5 to hit, reach 5 ft., one target. Hit: 8 (2d4 + 3) bludgeoning damage.

Claws (Human Form Only): Melee Weapon Attack: +5 to hit, reach 5 ft., one target. Hit: 6 (1d6 + 3) slashing damage.

Elemental Control (Recharge 5-6): The Selkie can control the elements of the sea for 1 minute. During this time, it has advantage on all Strength (Athletics) checks made to swim and can control the tide and waves within a 100-foot radius.

Intuitive Sense: The Selkie has advantage on Wisdom (Insight) checks made to sense the emotions and needs of those around it.

Description: The Selkie is a mythical creature that hails from Scottish folklore. This enchanting being is said to have the ability to transform from a seal into a human, and back again. The Selkie is often depicted as a beautiful and mysterious creature, with a powerful presence that has captivated the imagination of people for centuries.

*The Physical Appearance of the Selkie*
The Selkie is most commonly depicted as a seal, with a sleek and smooth coat of fur that glistens in the moonlight. Its fur is said to be dark and shining, with a shimmering sheen that reflects the light of the sun. When the Selkie transforms into a human, it is said to have long, flowing hair that is as dark as its fur, and a beautiful face that is full of mystery and grace.

In human form, the Selkie is often described as having a slender and graceful physique, with long, slender limbs and delicate fingers. Its eyes are said to be large and almond-shaped, with a deep

and piercing gaze that can capture the hearts of those who gaze into them. The Selkie's body is said to be adorned with intricate tattoos and markings, which serve as a testament to its mystical powers and abilities.

*The History and Mythology of the Selkie*
The Selkie is a creature with a rich and storied history, that dates back to ancient Scottish folklore. In these ancient tales, the Selkie was often depicted as a powerful and mysterious creature, with the ability to transform into a human and back again. This ability was said to give the Selkie a unique and powerful perspective on the world, allowing it to move freely between the human and animal realms.

In many of these tales, the Selkie was depicted as a solitary creature, preferring to live its life alone and free. It was said to be a protector of the sea, and would use its powers to help those in need, whether they be human or animal. The Selkie was also believed to be a symbol of good luck and prosperity, with many people seeking its blessings and guidance.

*The Powers of the Selkie*
The Selkie is said to possess a variety of mystical powers, which it uses to protect and guide those who cross its path. Some of these powers include the ability to transform into a human, the ability to control the elements of the sea, and the ability to communicate with the creatures of the sea.

In addition to these powers, the Selkie was also said to possess a powerful intuition, which it used to sense the emotions and needs of those around it. This intuition was said to be particularly strong when it came to predicting the weather, allowing the Selkie to provide valuable guidance to sailors and fishermen in times of need.

*The Significance of the Selkie in Scottish Folklore*
The Selkie is a significant figure in Scottish folklore, and its depiction in ancient tales reflects the beliefs and values of the people who created these stories. In many of these tales, the Selkie was seen as a symbol of freedom and independence, representing the power of the individual to move freely between the human and animal realms.

At the same time, the Selkie was also seen as a symbol of protection and guidance, serving as a reminder of the importance of compassion and empathy in our lives. This powerful creature was said to have the ability to help those in need, and to provide comfort and support to those who were lost or in danger.

*The Modern Interpretation of the Selkie*
Today, the Selkie continues to capture the imagination of people all over the world. While the ancient tales of the Selkie may have evolved over time, the essence of the creature remains the same: a powerful and mysterious being with the ability to transform between the human and animal realms.

In modern culture, the Selkie is often depicted as a symbol of transformation and renewal, representing the power of the individual to change and grow over time. This depiction is particularly appealing to those who are seeking to break free from the constraints of society and forge their own path in life.

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