

Name: Baobhan Sith

Medium fey, neutral evil

Armor Class 15 (natural armor)

Hit Points 90 (12d8 + 36)

Speed 40 ft.

STR 14 (+2)

DEX 18 (+4)

CON 16 (+3)

INT 12 (+1)

WIS 14 (+2)

CHA 20 (+5)

Skills Deception +9, Perception +6, Stealth +8

Damage Resistances cold, fire, lightning

Condition Immunities charmed, frightened

Senses darkvision 60 ft., passive Perception 16

Languages Common, Sylvan

Challenge 6 (2,300 XP)



Shapechanger. The Baobhan Sith can use its action to polymorph into a bat or wolf, or back into its true form. Its statistics are the same in each form, except for its speed.

Innate Spellcasting. The Baobhan Sith's innate spellcasting ability is Charisma (spell save DC 17). It can innately cast the following spells, requiring no material components:

At will: charm person, detect thoughts, invisibility, pass without trace

3/day each: darkness, fear, misty step, suggestion

1/day each: dominate person, etherealness

Attacks:

Multiattack. The Baobhan Sith makes three attacks: two with its claws and one with its bite.

Claws. Melee Weapon Attack: +8 to hit, reach 5 ft., one target. Hit: 11 (2d6 + 4) slashing damage.

Bite. Melee Weapon Attack: +8 to hit, reach 5 ft., one target. Hit: 9 (1d8 + 5) piercing damage. If the target is a humanoid, it must succeed on a DC 17 Constitution saving throw or be cursed with the Baobhan Sith's Kiss.

The Baobhan Sith's Kiss. A humanoid cursed by the Baobhan Sith's Kiss gains 1 level of exhaustion each night at midnight until the curse is removed. If the humanoid reaches 6 levels of exhaustion, it dies and rises as a vampire under the Baobhan Sith's control.

Description: In Scottish folklore, the Baobhan Sith, also known as the White Women of the Scottish Highlands, is a supernatural creature that preys on unwary travelers in the countryside. She is often described as a beautiful and seductive woman who lures her victims with her charms before revealing her true form and attacking them.

Appearance

The Baobhan Sith is usually depicted as a tall and slender woman with long flowing hair and piercing eyes. Her skin is pale and flawless, and she is often seen wearing a long white dress that seems to shimmer in the moonlight. Her beauty is said to be enchanting, and many who have seen her have fallen under her spell.

However, the Baobhan Sith is not always what she seems. When she reveals her true form, her beauty fades away, and she becomes a pale, emaciated creature with sharp claws and fangs. She has bat-like wings that she uses to fly through the night sky, and her eyes glow with an eerie green light.

Behavior

The Baobhan Sith is known to be a nocturnal creature, and she is most often seen at night. She is said to roam the Scottish countryside, looking for unwary travelers to prey upon. When she finds a victim, she will use her seductive charms to lure them in, often pretending to be a lost traveler herself. Once she has gained their trust, she will reveal her true form and attack.

It is said that the Baobhan Sith has a particular fondness for the blood of men, and she will often drain her victims of their life force before disappearing into the night. She is a solitary creature and is rarely seen in the company of others of her kind.

Origins

The origins of the Baobhan Sith are unclear, but she is believed to be a creature from Scottish folklore that has been passed down through the generations. Some stories suggest that she was once a human woman who was cursed by a witch, while others believe that she is a creature of the faerie realm.

In some versions of the legend, the Baobhan Sith is said to be the ghost of a woman who died a violent death. Others believe that she is a demon who has taken on the form of a woman to better prey upon her victims.

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